



KALANDRA TRAINED CARERS SET THE STANDARD

Health Care Support Training

Mental Health & Addiction

KALANDRA STUDY SCHOLARSHIPS AVAILABLE 2019

Don't miss out. This is a limited offer.



Health Care Support Training

Mental Health & Addiction

Understand the range of **Mental Health and Addiction issues** and the impact on health and wellbeing for a person experiencing these issues. Understand **interventions** and **community services** available, how to **communicate appropriately** and **apply professional, ethical practice** as a Community and Mental Health Support Worker. Understand different **cultural identities and culture-related issues** and **work collaboratively** with other Healthcare professionals to achieve outcomes benefiting the client.

- **Mental Health Issues** include disorders of; attention, anxiety, depression, eating, personality, psychotic and the effects of co-existing conditions.
- **Addictive Behaviours** include; anxiety, stress, physical dependence, learned behaviour and modelling.
- **Substance Addictions** include; alcohol, cannabis, stimulants, depressants, opioids, hallucinogens, phencyclidines polysubstance, tobacco and withdrawal.
- **Non-Substance Addictions** include; gambling, internet, work, food, sex, risk-taking, shopping.

Kalandra offers the **Certificate in Mental Health Support (Mental Health and Addictions) (Level 4)** a 46-week, **ONLINE** programme designed to upskill HCA's in the specialised area of **Mental Health and Addictions**. Graduates will be awarded a **New Zealand Certificate in Health and Wellbeing (Social and Community Services) (Level 4) with a strand in Mental Health and Addiction**.

Graduates will also have **HCA Level 4 status** and **pay parity**.

LEARNING HOURS GUIDE: Directed Online Learning – 20 hours per week / **Work Placement** – 10 Hours per week / **No time off work required**

TUITION:

No Cost Scholarships (Normally \$4,335) for HCA staff who are NZ Citizens & Residents.

Reduced Fee Scholarships* – \$667 (Normally \$14,250) for HCA staff on a Work Visa.

*Only available for students enrolling as a group with a maximum of 30% students on Work Visa.

NEXT INTAKE: 2 December

ENQUIRIES: **W** kalandra.ac.nz / **E** training@kalandra.ac.nz / **Ph** 0800 525 2637

TO ENROL: Complete **Enrolment** and **Scholarship Forms** and send to online@kalandra.ac.nz with **ID (passport)** and **Work Visa** if applicable.